



## SUMMER LUNCH MENU

Enjoy a 150ml glass of wine €7

White Wine - Jack Duggan Chardonnay, Australia

Red Wine - Coastal Reserve Merlot, Spain

Rosé Wine - Coastal Reserve Pinot Grigio Rosato, Italy

### FOR THE TABLE

Brown Bread €3.50

Salted butter

1w,10,7

### LIGHT BITES

Soup of the Day €8.50

House-made brown bread

1oat,1w,7,9

Seafood Chowder €14.50

House-made brown bread

1oat,1w,2,4,9,12,7

Ardsallagh Goat Cheese and  
Caramelised Peach €12.50/€17.50

House salad, pine nuts,  
16-year-old De Giusti balsamic  
3,6,8a,8p,10,12

Macroom Mozzarella Salad  
€12.50/€17.50

Baby leaves, vine tomatoes,  
house dressing, pine nuts,  
12-year De Giusti balsamic  
6,7,8p,10,12

Breakfast Bap €11.50  
Sourdough beer bun, BBQ-glazed  
porchetta, streaky rasher,  
fried egg, lettuce, tomato, house salad  
1w,3,10,12

Galway Bay Club Sandwich €14.50

Focaccia, organic egg salad,  
roisserie chicken, streaky bacon,  
lettuce, tomato, house salad  
1w,3,6,10,12

Rotisserie Cajun Chicken Mayo

Sandwich €11.50

Toasted brioche baguette, house salad  
1w,7,3,10,12

Organic Egg Mayonnaise

Brioche €9.50

Streaky bacon, house salad  
1w,3,7,6,10,12

### MAINS

Battered Fillet of Haddock €21.50

Fennel & orange salad, tartar sauce, chips, lemon

4,6,10,12 GF

Irish Beef Burger €22.50

Sourdough beer bun, truffle mayo, Cashel cheddar, baby gem, tomato, pickled cucumber

1w,6,7,10,12 (available GF)

Baked Ham & Hegarty Cheese Sourdough €14.50

Toasted Irish baked ham, Hegarty cheese, béchamel, sourdough, house salad

1w,7,10,12

Chicken Louisiana Burger €21.50

Irish chicken, hot-sauce glaze, ranch dressing, sourdough beer bun, chips

1w,7,6,10,12,4 (traces)

### SIDES

· Chips 6 · Mash potato 7,12 · Side salad 10,12 · Broccoli, garlic butter 7,8a €4.50 each

### DESSERTS

Desserts €9.50 each

Cheesecake of the Day 1w,3,6,7,8a

Vanilla Crème Brûlée

Almond snap

1w,3,7,8a

Sticky Toffee Pudding

Miso caramel, popcorn,

vanilla ice cream

1w,3,7

Warm Apple & Granola Crumble

Salted caramel ice cream

1oat,3,7,8a,8p,8h,8w,8c

Please always inform your server of any allergies or intolerances before placing your order.

Allergens: 1.gluten 1w(wheat), 1o(oats), 1b(barley), 1r(rye), 2.crustacean 3.egg 4.fish 5.peanut 6.soybean, 7.dairy

8.nuts 8a(almond), 8c(cashew), 8h(hazelnut),8p(pine nuts), 8pst(pistachio), 8w(walnuts), 9.celery, 10.mustard

11.sesame seeds 12.sulphur 13.lupin 14.molluscs GF Gluten-Free, V Vegetarian, VG Vegan

THE 2 IRON  
BAR & RESTAURANT

